

Saturday, February 10

Michigan Tech Memorial Union Ballroom
1400 Townsend Drive, Houghton, MI

Broken Heart Syndrome

Ever feel heartbroken?
A broken heart
can be real.

9:00am

FREE HEALTH SCREENINGS

Blood pressure/sugar (fasting) / body fat percentage

FREE LIPID PANEL FOR ALL ATTENDEES

Certificate for use at Aspirus Houghton Clinic
and Aspirus Keweenaw Hospital

9:45am

NO-STRESS MORNING STRETCH ROUTINE

Learn a new way to start each day happier (wear comfortable clothes)

10:30am

HEALTHY BRUNCH & BLOODY MARY BAR

Including gluten-free options

11:00am

PRESENTATION

Noon

MAGIC KILN STUDIO POTTERY PAINTING

Sign up when registering (optional)

Cardiologist Peter Vaitkevicius, MD, will review Broken Heart Syndrome. What is it? Why does it mainly affect women? Why are we seeing so much of it? Join us to learn about this important heart problem afflicting Americans at this interactive and fun Aspiring Women event.

Receive an Aspiring Women gift and free heart-healthy cookbook.
Wear red to be entered into a drawing for special gifts.

Pre-registration is required for this FREE event.
Call Jenn Jenich-Laplander at 906.337.6541 to register.